



Breakfast

Menu



www.defrance.co.uk

Breakfast Menu Price List

Daily 07.00AM - 10.00AM ♦ Sundays & Bank Holidays until 10.30AM

Bed & Breakfast Guests

Continental Plus (Vegetarian options available)	Inclusive
Full English / Vegetarian Supplement	£5.00
A La Carte Breakfast Choices	Priced per item

Room Only Guests & Non-Residents

Continental Plus	£15.00
Full English (inclusive of continental selection)	£20.00
Full Vegetarian Breakfast (inclusive of continental selection)	£20.00
A La Carte Breakfast Choices	Priced per item

Continental Plus Buffet Menu

Daily 07.00AM - 10.00AM ♦ Sundays & Bank Holidays until 10.30AM

Cold Section

Toast

White, brown or gluten-free bread, butter, flora margarine, preserves

Dairy · Wheat · Sulphites

Local Artisan Bread

Sourdough, multi-seed, baguette

Wheat · Sulphites

Cold Cuts & Cheese

Ham, salami, brie, cheddar

Dairy · Wheat · Sulphites

Cereals

Muesli, Special K, Cornflakes, Weetabix

Please see individual packaging for allergy information

Oat Porridge

Dairy · Wheat · Sulphites

Pastries

Danish pastries, mini croissants, pain au chocolat

Dairy · Egg · Wheat · Soya · Sulphites
(may contain hazlenuts · almonds · sesame)

Yoghurt & Fruits

Jersey plain yoghurt, soya yoghurt, fruit compote, fruit salad, orange or grapefruit segments

Hot Section

Grilled Back Bacon & Sausages

Wheat

Sautéed Mushrooms & Grilled Tomatoes

Soya · Sulphites

Local free-range Scrambled Eggs

Dairy · Egg · Soya

Beverages

Milk

Jersey whole milk, Jersey low fat milk, almond milk, soya milk

Dairy

Tea and Coffee

Juices

Orange, apple, cranberry, grapefruit, pineapple



Breakfast A La Carte Menu

Daily 07.00AM - 10.00AM ♦ Sundays & Bank Holidays until 10.30AM

Buckwheat Crêpes & Winter Berries (VG) 7.00

Yoghurt

Coconut · Wheat · Soya · Sulphites

Free Range Poached Egg Muffin with Hollandaise Sauce

♦ Eggs Benedict - Ham 9.00

♦ Eggs Royale - Smoked Salmon* 11.00

♦ Eggs Florentine - Spinach (V) 8.00

Dairy · Egg · Wheat · Soya · Sulphites · Fish*

Free Range Poached Egg & Avocado (V) 11.00

Chargrilled sourdough, coriander, tomato, sriracha mayo

Dairy · Egg · Wheat · Mustard · Soya · Sulphites

Smoked Salmon & Scrambled Eggs 11.00

Toasted sourdough

Dairy · Egg · Fish · Wheat · Soya

Pan Fried Natural Haddock 9.00

Lightly smoked, poached free range egg

Dairy · Egg · Fish · Soya · Sulphites

Full English Breakfast

♦ Inclusive of Continental Buffet 20.00

♦ B&B Residents Supplement 5.00

Pork sausage, bacon, tomato, mushrooms, baked beans, hash brown, black pudding, toast, eggs of your choice

Dairy · Egg · Wheat · Soya · Oat · Sulphites

Vegetarian Breakfast (V)

♦ Inclusive of Continental Buffet 20.00

♦ B&B Residents Supplement 5.00

Vegetarian sausage, tomato, mushrooms, baked beans, hash brown, toast, eggs of your choice

Dairy · Egg · Wheat · Soya · Sulphites

Upgrades per Item 1.00

Hash brown, baked beans, black pudding

Dairy · Wheat · Oat · Soya · Sulphites

Egg Choices

Boiled (soft or hard), fried, poached or scrambled

All food is prepared in a kitchen containing common food allergens. If you have a food allergy, please advise our service team. A discretionary 10% service charge will be applied to all checks. Prices are in GBP and inclusive of the current Goods & Services Tax.

Menu valid from November 2022 and subject to change without prior notice.